First Aid/CPR

**CONTEST DATE & LOCATION:** Refer to the Kansas State Championship Conference Packet

**PURPOSE:** To evaluate each contestant’s ability to react positively in simulated situations demanding First Aid and CPR intervention and to recognize excellence and professionalism in the career and technical student’s first aid skills.

**ELIGIBILITY:** Open to active SkillsUSA members enrolled in a health care related program.

**CLOTHING REQUIREMENT:** Official SkillsUSA State T-shirt attire or the Official SkillsUSA blue scrubs, white socks or skin-tone seamless hose and health professional’s white leather or canvas work shoes. Shoes must be all-white leather or canvas, completely enclosed (no open toe or open heel). Athletic style shoes that meet the aforementioned criteria are acceptable.

Official SkillsUSA blue scrub attire

**NOTE:** The Official Kansas State T-shirt will be mailed to schools prior to the competition.

**CONTEST PREPARATION:** Refer to the Technical Standards for guidance.

Contestants will be required to follow the AHA 2015 CPR guidelines.

Update 4/2020